



NHS Digital Apps

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7th October 2019



Patient Access



- Used by GP surgeries to give patients access to:
 - Online appointment booking
 - Cancel any appointment
 - Ordering repeat prescription
 - View parts of their medical record
- Also enables you to:
 - Nominate a pharmacy to send your prescriptions electronically (without the need to collect the paper from your surgery)
 - Gain health advice
- Can be accessed in the following ways:
 - www.patientaccess.com
 - Download the "Patient Access" app from app store

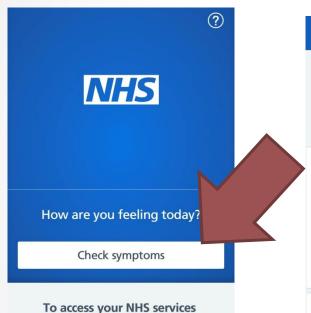




- www.nhs.uk in "app form" download from app store
- Health advice including what to do and when to get help
- Medicines advice how your medicine works, side effects and answers to common questions
- Find your nearest service GP Surgery, pharmacy, dentist, A & E, other urgent care services
- GP online services appointment booking/cancelling, ordering repeat medication and view parts of medical record







Log in or create account

Check what features you can use

Version 1.18.1 (1.18.0)

Check my symptoms

A-Z of conditions and treatments

Search trusted information and advice on hundreds of conditions

Check if I need urgent help

Answer online questions to get instant advice or medical help near you

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E.g. knee pain

Back to Health A to Z

Knee pain

Knee pain can often be treated at home. You should start to feel better in a few days. See a GP if the pain is very bad or lasts a long time.

How to ease knee pain and swelling

Try these things at first:

- put as little weight as possible on the knee
 for example, avoid standing for a long time
- use an ice pack (or bag of frozen peas wrapped in a tea towel) on your knee for up to 20 minutes every 2 to 3 hours

See a GP if:

- it does not improve within a few weeks
- you cannot move your knee or put any weight on it
- your knee locks, painfully clicks or gives way – painless clicking is normal

Get advice from 111 now if:

- your knee is very painful
- your knee is badly swollen or has changed shape
- you have a very high temperature, feel hot and shivery, and have redness or heat around the knee – this can be a sign of infection

111 will tell you what to do. They can tell you the right place to get help if you need to see someone.

Go to 111.nhs.uk or call 111.

Also gives detail on:

- Common causes of knee pain
- Knee pain after an injury
- Knee pain with no obvious injury
- Symptoms and causes







To access your NHS services

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- 1. Answer questions about your main symptom.
- 2. Find out when and where to get help.
- 3. Be contacted by a nurse, if needed.

If you've run out of your prescribed medicines, find out how to get an <u>emergency</u> <u>prescription</u>.

General information about <u>health problems</u> and <u>medicines</u> is on NHS.UK.

Start









Version 1.18.1 (1.18.0)

- Enter name/email address/password
- Verify email address
- For extra security, you will need a mobile number linked to your account





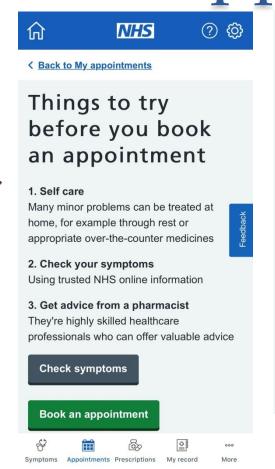
- Before you can use the GP online services, your identity needs to be verified (like with Patient Access)
 - 1. Ask your surgery to print out registration details for online services you will need to complete a registration form and present valid ID (photo + proof of address)
 - 2. Use the NHS app to verify your identity
 - Upload a photo of your ID to the app (passport, driving licence)
 - Record a short video of your face and say four numbers as instructed
 - Provide your NHS number and date of birth so your record can be located

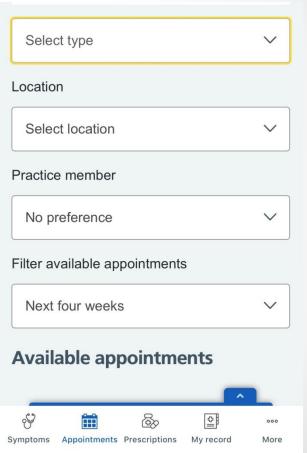






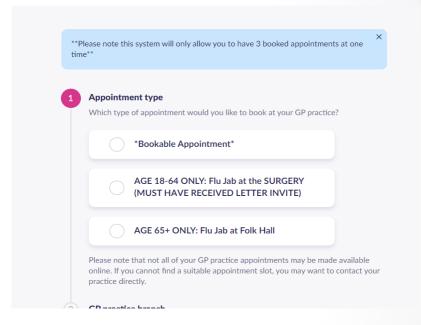






Online access at Portishead Medical Group

- Appointments
 - o GP appointments
 - Flu appointments (if eligible)



- Order repeat prescriptions
- Patients aged 16 and over can view parts of their medical record

If you have any problems

- Patient Access
 - Go to https://support.patientaccess.com/
 - Complete an online query form
 - They normally respond and resolve within a couple of days
- NHS App
- Select the Question mark
- Scroll down and click "Contact the NHS App team"
- Complete the online form and "Send Message"

